

How Will Your Planned Gift Be Used

Your gift will go a long way in supporting our organization to achieve its strategic goals. We want to be able to support more Contact Centers, school readiness day programs, in Nepal and build our staff and infrastructure in the USA. We also want to support more children in achieving their educational goals. In short, your gift will help MNFC grow into the future. Our Board Finance Committee has developed a sound Investment Policy for our Endowment and Legacy Funds. If you want to specify how your funds will be used it is possible to discuss the options with the Executive Director.



"It's a dream I never expected in my life. I never dreamt I would be so happy and so emotional. I love these people so much. It's just unbelievable. I think about them all the time. You gotta give it away to keep it. It's just one of those things. I can't do anything on my own, but when we all do it together, we can move the roof. I believe that 100%."

- Steve Schirber

If you have any questions for us, we want to provide the best support for you, please contact Dr. Christine Schutz, Executive Director and Founder, at **314.325.2833** or **christine@mitrata.org**.

If you've already included MNFC in your will or estate plan, let us know by completing the Bequest Form at **mitrata.plannedgiving.org**. We'd love to officially welcome you.

The information found in this brochure is intended for informational purposes only. We recommend consulting with a trusted financial advisor before making decisions involving your estate.

Connect with Us

Join caring people like you in our social media communities and help spread the word.

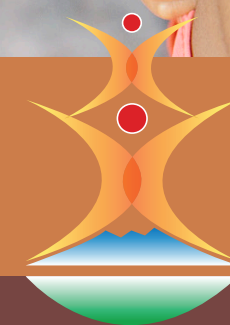


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www.mitrata.org | info@mitrata.org

Mitrata-Nepal Foundation for Children
7253 Watson Road, #127
St. Louis, MO 63119, USA

*Making a Difference,
One Child at a Time Since 2002*



Mitrata-Nepal Foundation for Children

Nancy Williger Legacy Circle

We believe that each child is worthy and unique and can transcend poverty with the right support.

Children are different in their talents and abilities, likes and dislikes, but they all deserve our assistance. Unlike some organizations that only provide education, or only serve the "smartest" of poor children or those of a particular religious ideology, the Mitrata-Nepal Foundation for Children (MNFC) helps all children in need including those with mental, educational and physical disabilities, as well as those who are academically gifted. We utilize a holistic approach that is tailored to each child's needs. We support children through their journey into adulthood and independence. We respect their religious affiliations and never seek to influence them. We also recognize that our children's needs extend beyond education. Children from poor families are best able to succeed and grow when they have access to social, emotional, medical, educational and environmental support; to this end, we provide more services such as counseling, career guidance, training for mothers, empowerment workshops, after school programs, nutritious meals and a school readiness/Montessori based day program.

The result is that children in MNFC programs are often the first in their families to get an education, enabling the whole family to exit the vicious cycle of poverty that is so common in Nepal. Educating a child offers tremendously positive socio-economic improvement for a family and, in turn, a whole community. This approach to changing lives guides our organization in everything we do and has allowed us to make a difference by working with one child at a time.

www.mitrata.org

Our Mission

Our mission is to educate and empower severely underprivileged children to reach their full potential as citizens of Nepal. We strive to maximally impact the lives of these children who in turn contribute to their community. We provide individualized education, housing, healthcare, early childhood development and support services such as nutrition/hygiene, counseling, empowerment programs, scholarships, and career development.



Core Values

These values guide our work and ensure that we are committed to increasing our impact in Nepal, one child at a time.

- Caring for children and making a difference in their lives in a tangible way
- Education as a foundation for a successful life
- Transparency in all our interactions
- Championing and empowering children to give back to their communities
- Respecting Nepali culture and traditions

Join the Nancy Williger Legacy Circle

The Nancy Williger Legacy Circle honors those who share our commitment to maximally impact the lives of severely underprivileged Nepali children who in turn contribute to their community. As a member of the Nancy Williger Legacy Circle, you will have access to annual special events. You will also receive updates on our programs through the annual Legacy Report and letter from Executive Director and Founder Dr. Christine Schut.

The Nancy Williger Legacy Circle was created to honor the leadership and legacy of Nancy Williger, PhD. Nancy is a retired social worker and clinical psychologist who, with Christine, created MNFC and tirelessly worked to establish and maintain our vision, mission, core values and operating principles. Nancy has served since MNFC's inception as our first child sponsor and the longest continuous sponsor since 2002. She is the former Board Vice President and President, Chairperson of the Executive and Sponsorship Committees and now serves as Past President of the MNFC Board of Directors and is a member of the Board Development, Sponsorship and Executive Committees. Her first sponsored child Ishwori graduated in 2019 and is now a social worker in Nepal. She currently sponsors another young woman who is also studying to be a social worker.

"Over the years I have had many roles with Mitrata and have been actively committed to helping Mitrata grow as an organization. It has been one of the best parts of my life for so many reasons. As I get older it makes sense to me to look into how I can continue to help Mitrata grow into a future that goes beyond my lifetime. In my estate plan, I have made Mitrata a beneficiary of my SEP IRA, which will make it easier on my heirs as money they receive from there is taxable to them while Mitrata can use it tax free. While I am still alive, I can take my annual donation to Mitrata off the top of my required minimum distribution (RMD) that I must take every year and is considered taxable income. This donation reduces my actual income so it is

a tax savings as well. I have also set up a Donor Advised Fund to which I can make tax deductible contributions and then donate from there to Mitrata. I know this all may sound complicated and it is easy to put off planning of this type, but I think it helps me to think that I can still be helping and making a difference at this time in my life. From someone who knows this organization inside and out, both in Nepal and the USA, I can tell you that what you give will be used with care and it will help children who otherwise would not have a chance to get an education. For children in Nepal, an education gives them a chance to succeed while helping their family too. What you give will change their lives and, you never know, it might change yours too."

- Nancy Williger

Planned Giving Opportunities

Leave a Planned Gift in Your Will

Adding this sample language to your will may be useful:

"I give and bequeath to Mitrata-Nepal Foundation for Children, Inc., 7253 Watson Road, #127, St. Louis, MO 63119 [the sum of _____ Dollars (\$____)] [_____ % of the rest, residue and remainder of my estate], to be used for its general charitable purposes."

We hope you'll let us know when you have named MNFC in your will or trust so that we can thank you and include you in our Legacy Circle.

Name MNFC as a Beneficiary

Naming Mitrata-Nepal Foundation for Children as a beneficiary on your retirement account or life insurance policy is a simple and powerful way to support underprivileged children in Nepal without changing your will or living trust. Beneficiary designation gifts pass directly to MNFC without going through the probate process and go right to work to help us provide education and empowerment.

Retirement Accounts

Donors can name MNFC as a beneficiary of all or a specified percentage of their IRA, 401(k), 403(b), or other retirement plan.

Individuals who inherit retirement plan assets are usually required to pay income tax on them, so they're often considered among the best assets to leave to charity.

How to name MNFC as a beneficiary on your retirement accounts

Ask your retirement plan administrator or financial institution for a change of beneficiary form.

Notify us of your beneficiary designation

Please let us know when you've made a beneficiary designation for MNFC so that we can thank you and include you in our Legacy Circle.

Other Ways to Name MNFC as a Beneficiary

Bank and investment accounts & commercial annuities

You can leave a legacy by naming MNFC as a Transfer-on-Death (TOD) or Payable-on-Death (POD) beneficiary on a bank or investment account, or a commercial annuity. Check with your financial institution to see if this option is available to you.

Life insurance policies

If you have a life insurance policy that is no longer needed for your family, designating MNFC as a beneficiary is a simple way to support our work.



"We set up a trust with our lawyer and designated a portion to benefit Mitrata. Having a lawyer you trust is key. There are many different ways to set up this gift and we knew that any amount will make a difference. It was important for us to make this decision, first and foremost, because we know that the kids will benefit as soon as the money is distributed. We created a legacy gift to Mitrata because we have personally seen the amazing success stories of our children and want to continue to help them graduate and lift themselves out of poverty."

- Arlene Miller and Hewie Powell